Dubbo Return to School Program

1. **STEP BEHAVIOUR AND WORK PROGRAM**

**Step 1**

Identification and acceptance of behaviour you have been demonstrating at school.

* Program – Let’s Think About It!

**Step 2**

Knowing your rights, responsibilities and being respectful in the school environment.

* Program - Let’s Think About It!

**Step 3**

Identifying your core values and strengths.

* Program - Let’s Think About It!

**Step 4**

Communication skills

* Program - Effective Communication Skills

**Step 5**

Anger Management (if needed).

* Program - Anger, What Anger?

**Step 6**

Goal setting for both the short and long term.

* Program – Getting Back on Track

**Step 7**

Identifying positive and negative forces in the school and in the community.

* Program - Getting Back on Track
* Program - How to Train the Teacher

**Step 8**

Your plan to improve your behaviour at school. Who can help?

* Action Plan

**Step 9**

School work package including Assessment Tasks.

**Step 10**

Career Research, Numeracy and Literacy activities.

Further Programs if required

1. Drug Wise
2. Drugs, Know the Risks (electronic)
3. Self Esteem
4. Keep Cool
5. Learning Styles Analysis
6. Mathletics
7. Studywiz
8. The Comprehension Box
9. Precision Academics
10. The Real Game
11. Powerpoint Presentation of What Makes You, You
12. Sexual Harrassment
13. Relationships and Tolerance (electronic)
14. Andrew Fuller resources